

Non-profit mailing



APPENDIX B

AROHE: The Association of Retirement Organizations in Higher Education

Ninth Biennial Conference

October 7- 9, 2018

Atlanta, Georgia

***Re-Creating Retirement:
Connect, Serve, Celebrate!***

hosted by

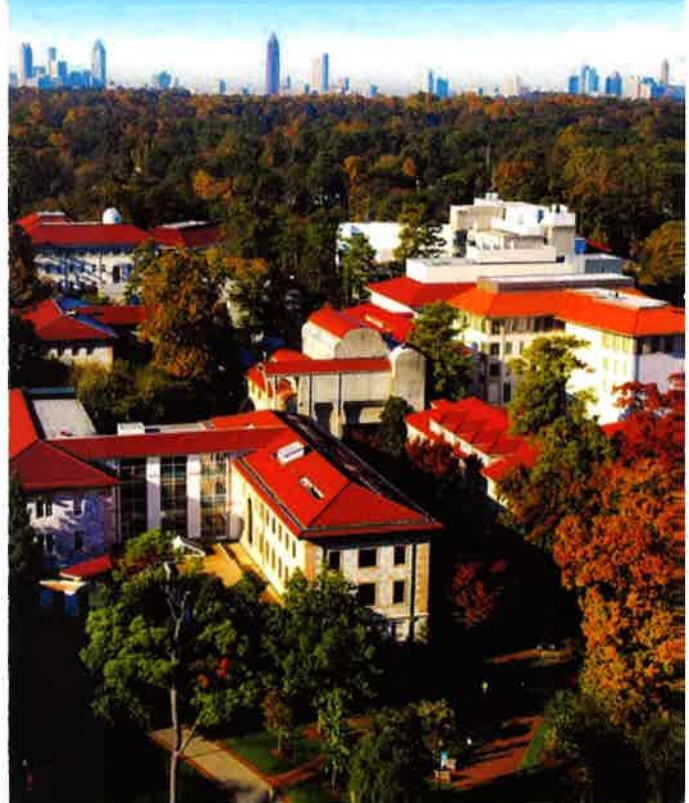


EMORY
UNIVERSITY

| Emeritus College

co-hosted by

GA-HERO: Georgia Association of Higher Education Retiree Organizations



SUNDAY, OCTOBER 7

- 11:00–4:00 **Signature Event: “Only in Atlanta”**
12:00–7:00 Conference Registration Opens
2:00–4:00 **Meet Your Hosts:** Emory Emeritus College and GA-HERO
5:00–9:00 **Reception:** Stuart A. Rose Manuscript, Archives, & Rare Book Library;
Banquet: Cox Hall

MONDAY, OCTOBER 8

- 7:30— Conference Registration Continues
7:30–8:30 Continental Breakfast
8:30–9:00 Welcome and Introductions
9:00–10:00 **Keynote Address: Steven Tipton**
The Life to Come: Dreams and Doubts of Retirement
10:30–11:45 **Round 1: Concurrent Sessions**
Noon–1:00 Lunch
1:15–2:15 **AROHE Plenary Panel**
2:30–3:45 **Round 2: Concurrent Sessions**
3:45–6:00 **RESOURCE EXCHANGE FAIR**
6:30 Atlanta Dine-around

TUESDAY, OCTOBER 9

- 7:30— Conference Registration Continues
7:30–8:30 Continental Breakfast
8:30–9:00 Introduction of Special Guests
9:00–10:00 **Keynote Address: Roger Baldwin**
Reinventing Academic Retirement: Where Are We Now?
10:30–11:45 **Round 3: Concurrent Sessions**
Noon–1:00 Lunch
1:15–3:00 **AROHE Plenary Panel and Wrap-up**
3:30–4:00 AROHE Business Meeting

KEYNOTE SPEAKERS

Steven Tipton is the Charles Howard Candler Professor of Sociology of Religion Emeritus at Emory University. A Guggenheim Fellowship helped support the work on his new book, *The Life to Come: Re-Creating Retirement*.

Roger Baldwin is the Dr. Mildred B. Erickson Distinguished Chair in Higher, Adult, and Lifelong Education Emeritus at Michigan State University. His new book examines strategies for reinventing academic retirement.

Keynote Speakers, Concurrent Sessions, Plenary Panels, and the Resource Exchange Fair will develop our primary conference themes:

1. **Opportunities to CONNECT:** What Retirement Organizations do for their members.
2. **Opportunities to SERVE:** What Retirement Organizations and their members do for their institutions and those in the wider community.
3. **RE-CREATING RETIREMENT:** What AROHE and regional consortiums do to help retirees Connect, Serve, and Celebrate.

Concurrent Sessions

Presentations in these breakout sessions will develop our primary conference themes through focus on particular subject areas that are specified on the conference website: www.arohe2018.org

Plenary Panels

These are sessions-of-the-whole in which representatives of AROHE will offer presentations on the services they now provide members and plan to provide in the future, with discussion in both categories involving all in attendance.

Resource Exchange Fair

Opportunities to network with presenters representing

- Administrators in higher education
- Retirement organization leaders
- Researchers who study retirement
- Innovators in retirement and aging
- Sponsors who offer support to retirees

Request for Proposals

Should you wish to present at a Concurrent Session or exhibit at the Resource Exchange Fair, see the RFP information on the conference website: www.arohe2018.org

Signature Event: “Only in Atlanta”



On Sunday, October 7, early arrivals (and guests) may join this excursion, starting with a visit to Mary Mac’s Tea Room for some down-home Southern cookin’ before visiting the Martin Luther King Center (*top*) and the Carter Center and Presidential Library.

Primary Conference Sponsor

We are grateful for the significant support of our Primary Conference Sponsor, the Emory Conference Center Subvention Fund from the Office of the Provost. Other sponsors will be recognized at the conference itself, on the conference website, and in the formal conference program.

Conference Registration

Register early for discounted rates:

	AROHE Members	Non-Members
Early (before Aug 1)	\$275	\$375
Regular (after Aug 1)	\$375	\$475

Registration includes the Sunday evening reception and banquet, continental breakfasts, lunches, and breaks on Monday and Tuesday, and wi-fi and self-parking during the conference.

Accommodations



The Emory Conference Center Hotel

Rooms are \$179, single or double occupancy, for up to three days before/after the conference; rates guaranteed until 9/17/2018.

Enjoy complimentary wi-fi in all guestrooms and meeting and public spaces, a 24-hour fitness center, two indoor swimming pools, two full-service restaurants, room service, concierge service and much more. Visit arohe2018.org/accommodations for details.

Emory Conference Center Hotel

1615 Clifton Road, Atlanta, GA 30329

Phone: 404-712-6000 FAX: 404-712-6025

Reservations: 800-933-6679 (code AROHE 2018)

Online: www.arohe2018.org/accommodations



Re-Creating Retirement: *Connect, Serve, Celebrate!*

Join us at Emory University in Atlanta as we consider the many ways Retirement Organizations (ROs) provide a gateway to a future of collegial relationships, intellectual engagement, and productive endeavor that benefit both retirees and the colleges and universities that are their homes.

Why attend?

- **Learn** what's happening with ROs
- **Network** with campus administrators, RO leaders, and activists in aging
- **Consult** with peers who are re-creating retirement

Who should attend?

- **Administrators, faculty, and staff** in academic affairs, human resources, development, continuing education
- **RO leaders and members**
- **Administrators and retirees** who want to start new ROs or enhance existing ones

Toolkit for Funding Support

A Toolkit with tips and templates to assist you in seeking funding to attend the conference may be found on the Conference website: www.arohe2018.org

Best Practice
A Free Membership for Retirees to our Campus Center
Association of Retired Faculty and Staff (ARFS)
University of West Georgia (UWG)
Mitch Clifton, ARFS President - 4/25/18

During an ARFS Coordinating Council (CC) meeting in October, 2016, a motion was passed asking the ARFS President to write a letter to the UWG President requesting that UWG retirees be given a free membership to the Campus Center exercise facilities (a benefit that had recently been made available to UWG employees). With help from CC members, I wrote a letter and sent it to the UWG President in November, 2016.

The President responded to me by email, in early December, 2016, saying that he would like to provide such a benefit to retirees, but that the potential cost to the University and the impact of increased usage on the Campus Center (which is paid for with student fees) had to be carefully considered. He asked if we had done any surveys of retirees or had any other way of anticipating the expected participation by retirees. After discussing the President's response with a number of CC members, we decided we should design such a survey and distribute it to all of the retired faculty on our retiree listserv. I informed the President by email of our intent to conduct such a survey.

We started working on the survey in January, 2017. It took us a couple of months and many exchanges of emails to agree on the number of questions and get the wording right. It then took a few weeks for our University Alumni IT representative to get the time to prepare an online survey with our questions. The online survey was announced on a retiree listserv in April, 2016, and retirees had a few weeks to complete the survey.

In May, 2017 our University Alumni IT representative prepared a report on the survey results, which was forwarded to all of our Coordinating Council members and to the UWG President's office. Of the approximately 300 retiree email addresses on our listserv, 94 retirees took the survey. Among the survey responses, the most interesting results were these: In response to the question, if a free membership were granted to retirees, would they be interested in using the Campus Center exercise facilities the number of responses were: Definitely Yes - 28 responses (30%), Probably Yes - 34 responses (36%), Probably Not - 24 responses (26%), Definitely Not - 8 responses (8%). Also, about 2/3 of the respondents said they would be most likely to use the facilities during the morning (the time when the students use of the facility is the lightest), and about 3/4 of the respondents said they would most likely use the facilities two or three times a week.

Over the summer our University Alumni representative was informed that a trial, one year, free membership in our Campus Center would be made available to UWG retirees beginning in the fall semester. All interested retirees had to do to secure this benefit was get a new retiree ID card to replace their former employee ID card and complete some paperwork with the Campus Center Recreation Facility staff. We announced this benefit to retirees using our retiree listserv, our quarterly newsletter, and at our Annual Reunion. In August, 2017 the free Campus Center membership became available, and within a month, nine retirees had signed up for this benefit.

Advocacy for Georgia Tech Retirees on Campus

Silver Jackets meet and communicate regularly with officials in the Office of Human Resources [OHR] in order to advocate for Georgia Tech retirees. We also communicate health benefit changes and other matters that may affect our retirees via our MailChimp communications tool which reaches approximately 600 Silver Jackets members.

Some issues that we have discussed with OHR recently is attempts to keep retiree benefits and perks up to date on the campus and ultimately on the Silver Jackets website - silverjackets.gatech.edu.

We were fortunate to learn that the Associate Vice President of Human Resources had recently convened a group of campus leaders to discuss a variety of campus perks and discounts [for retirees and other groups], such as parking, library services, the campus recreation facility, etc. and to create links that would be regularly reviewed by campus stakeholders and kept up to date.

This is a work in progress but is a very important development benefiting Georgia Tech retirees.

A survey of University System of Georgia [USG] libraries has been done at the Fall 2017 USG Retiree Council meeting and the hope is that this data could evolve into more consistent policies across USG campuses, related to library retiree policies and privileges.

Submitted by Kathy Tomajko

2018 Silver Jackets President

Georgia Southern University Retirees Association

Membership Application

Survey of interests. Please check any or each of the opportunities below for activities or participation in which you are interested:

Please check your choices (✓):

Quarterly Lecture Series/ “Learning with Friends”: Attend quarterly lectures/ seminars on variety of topics.

Retirees Book Club/ “Reading with Friends”: Retirees reading books related to lifelong learning, social issues, and other user-submitted ideas, etc.

Fitness and Fellowship/ “Sweating with Friends”: Participate or lead retirees in physical fitness or exercise.

Benevolence/ “Helping Each Other”: Philanthropic committee to support those financially challenged.

Mentor Team/ “Navigating Friends toward Retirement”: Retirees who provide guidance to those planning retirement.

Research Insurance & Retirement regulations/ “Benefits Guru”: Keeping up to date on current benefits.

Fellowship events with food, but with no programs planned/ “Just Catching up on Friends”: Keeping up/ Catching up with friends and colleagues.

Monthly **Quarterly** **Annually Preferred frequency of meetings or interaction/ “Just meeting with Friends”:** Keeping up with friends and colleagues.

Suggestions / Programs of Interest not included above:

GSURA Membership

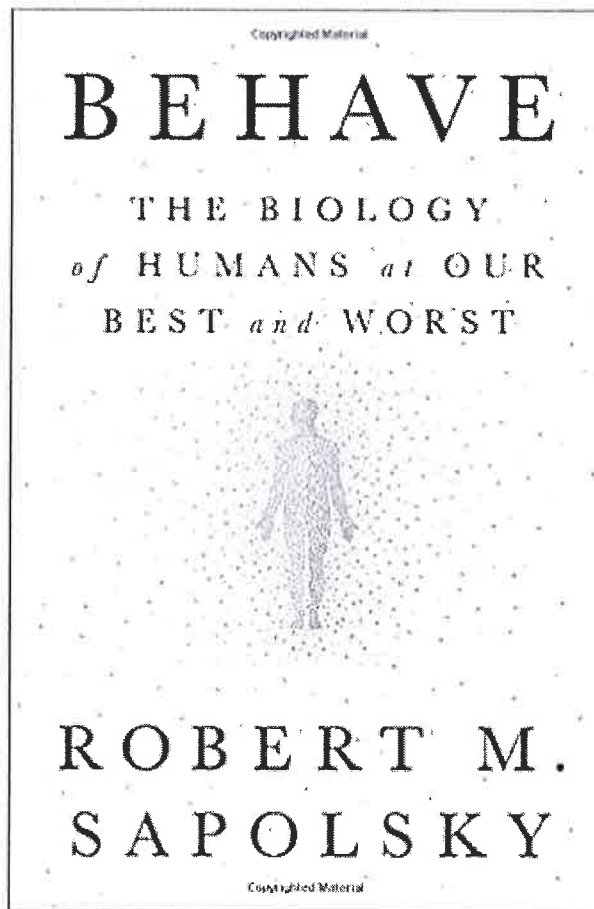
Daniel V. Hagan, Professor of Biology – Emeritus

Georgia Southern University, dhagan@georgiasouthern.edu

[Copy for the GA-HERO Web Site, submitted 6 March 2018:]

In the fall semester of 2017, the Emory University Emeritus College mounted another in its ongoing series of Interdisciplinary Seminars, open to all members. The topic was pretty broad – *human behavior* – and the base text for the seminar was the 2017 book by Robert Sapolsky of Stanford University, entitled *Behave: The Biology of Humans at Our Best and Worst*, from Penguin Press.

Edward O. Wilson wrote of the book: “*Behave* is like a great historical novel, with excellent prose and encyclopedic detail. It traces the most important story that can ever be told.”



As with a past seminar based on a single book, that on Yuval Harari's *Sapiens* in 2015, members of this one were asked to focus on a single chapter or shorter passage in *Behave* that speaks to an issue of human behavior implicated in his or her own discipline. They were also asked to choose some supporting (or at least related) readings from their own field, which were circulated to the whole group, and to lead the discussion of those readings at one seminar meeting during the term.

The Behavior Seminar had twelve regular members and four auditors, and the group met once a week from mid-September to early December. Discussion was lively, pointed, and educational. For more information, email John Bugge at engjmb@emory.edu.

Emory University Emeritus College

What the Emeritus College does to facilitate the Faculty-Retirement Transition

Retirement should not be the end of one's faculty life but rather a transition to a new phase of faculty life—one that in many ways can be richer and more stimulating. The Emeritus College offers a variety of resources to help in the transition.

Financial Planning. Financial planning needs to begin as soon as one is employed, but as one nears the date of one's retirement, it can be very useful to attend one or more of the several Emeritus College Retirement Seminars offered each year that focus on issues of financial planning. For more detail on these, click [here](#).

Retirement Planning. Quite apart from the financial aspects of retirement, planning for a healthy and satisfying retirement ideally begins several years before one's retirement date. The Retirement Resources tab on the Emory University Emeritus College web site lists several important resources. One is our [Steps to Retirement brochure](#), which outlines in short form a suggested plan of action in the years preceding retirement. There is also a list of [readings](#) you might find helpful. You might also find many of our video-recorded Retirement Seminars helpful in understanding various aspects of what lies ahead.

Retirement Mentoring. An excellent way to plan for the retirement transition is taking part in the Emeritus College's one-on-one retirement mentoring program with a trained, already-retired Emeritus College member. The program involves filling out a questionnaire and meeting with a mentor several times over the course of several months. More information can be found [here](#).

Planning for Health Care. Choosing a health care plan upon retirement can be confusing. Emory's [Human Resources](#) (HR) office offers information about the various options for retiree health care plans offered by Emory. The Emeritus College health-insurance newsletter is not meant to replace HR information but offers our own perspective on what plans would likely be most suitable, which may help you understand how much you should budget for retiree health care. Contact [Gray Crouse](#), Director, for a copy of the newsletter.

Programs and retirement-related resources are available to all Emory faculty, staff, and members of the Emory community.

Georgia Perimeter College/DeKalb College Retiree Association

Best Practices

Established in 2009, our RA is open to all faculty and staff who have retired from the college. Associate membership is offered to spouses, employees within one year of retirement, and those who have left the college without taking official retirement. Annual dues are \$15.

Goals for the year

- Deliver amazing value through our many exciting programs and events
- Help with all aspects of retirement, including pre-retirement planning
- Provide avenues for participation and camaraderie
- Reinstate RA webpage through GSU (with online dues payment), start a Facebook page

Theme for the year: Health & Wealth

- Quarterly meetings with programs on financial planning (tax changes), nutrition and fitness, a speaker^r from the Emory Brain Center
- October benefits meeting and December holiday luncheon have the best attendance.
- Field trips for a ballroom dance lesson and visit to the Federal Reserve Museum
- Volunteer participation in Read Across America (read to children in elementary schools)

Dynamic Officers, Board, Committees, Board

- The President helps set goals and tries to find active members willing to help the RA.
- The Vice President organizes these wonderful programs.
- The Secretary keeps superb records, also serves on the college Faculty Affairs Committee (emeritus status for recent retirees).
- The Media Coordinator produces excellent communications.
- Development Director (liaison) attends meetings, handles operating and scholarship accounts, works with HR on communications. Perimeter College Development office pays for printing and mailing.
- The Past President provides institutional memory and a sounding board for consideration of ideas.
- Now if only we could recruit members for committees, such as membership, events, ...

Printed material, postal mailings

- Valued by our generation, generates greater response than email
- Semiannual newsletter with articles and pictures showcasing retirees, their activities, years-long relationships and our interests now. Features on our scholarship recipients, highlights of meetings, field trips, upcoming events. The value of membership and opportunities to donate.
- Letters and flyers are mailed in advance of events and meetings.

Monthly Book Club

- Older than the RA and going strong, a useful source of new members
- Meets for lunch at a local restaurant or member's home

Retiree Association Scholarship

- Popular with retirees over the years, the endowment is over \$30,000.
- Income more than covers a \$1,250 scholarship to a nontraditional student.
- Possibly we can increase the award amount or mount a drive for a second scholarship.

Association memberships in GA-HERO, AROHE, USG Retiree Council

- We got some of our best ideas right here.
- We aspire for greater coordination, joint participation with GSU Emeriti Association.