## GA-HERO

Georgia Association of Higher Education Retiree Organizations

## **Spring 2022 Virtual Meeting**

Friday, April 22, 10:00 am Access via zoom with prior registration

## **PROGRAM**

10:00am Welcome and Introductions

10:10am Featured Speaker

11:15am Question/Answer with speaker

11:30am Update from Retirees Council representative

11:45am Sharing "Best Practices" from member organizations

12:15pm Dismissal

## "Families and Aging" Antonius D. Skipper, Ph.D.

The goal of Dr. Skipper's talk is to broadly share existing literature on aging in families. His talk will touch on several relevant aspects of aging in families, including caregiving, dyadic relationships, social determinants of health, and stress and coping. In addition, Dr. Skipper will share research and findings from his personal work on aging in minority families. If you are caring for an older loved one, or simply interested in changes associated with aging, this conversation will provide opportunities for critical thought and reflection.



Antonius D. Skipper, PhD, is an assistant professor in the Gerontology Institute at Georgia State University. Dr. Skipper's research broadly involves understanding the intersectionality of religion, relationships, and health among middle and old age African Americans. He currently works on several projects, including the American Families of Faith Project and Strong African American Couples Project, where he analyzes aspects of coping, resilience, and religiosity across the life course. Dr. Skipper is also working on a funded project that seeks to understand the relational, cultural, and perceived barriers to vaccination for older African Americans responding to the COVID-19 pandemic. In addition to Dr. Skipper's research agenda, he is a fellow of the Butler-Williams Scholars Program, the Obesity Health Disparities PRIDE program, and the Michigan Integrative Well-Being and Inequality Program.

We are looking forward to seeing you all at our upcoming Virtual Meeting. Gray Crouse, Treasurer of GA-HERO, will be hosting our Zoom connection.

To register <u>click here</u>. To avoid intruders to our meeting <u>you must register</u>. Those who register will get further instructions about using Zoom.

Also, please notify Gray (gcrouse@emory.edu) if you would like to make a brief presentation about an innovative best practice.